

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
8:00								8:00
9:00								9:00
10:00								10:00
11:00								11:00
12 noon								12 noon
1:00								1:00
2:00								2:00
3:00								3:00
4:00								4:00
5:00								5:00
6:00								6:00
7:00								7:00
8:00								8:00

The Method

- Place all **scheduled** classes & activities.
- Estimate daily requirements for **study** time (assignments & homework; see right).
- Schedule study time.**

Daily requirements for study time

Math: _____ hrs/day History: _____ hrs/day _____: _____ hrs/day
 English: _____ hrs/day Music: _____ hrs/day _____: _____ hrs/day
 Science: _____ hrs/day _____: _____ hrs/day _____: _____ hrs/day
 Foreign lang: _____ hrs/day _____: _____ hrs/day _____: _____ hrs/day