

Skill Drill

Three skills every highschooler needs for college

DIANE SPEED
hscollegebound.com

To succeed in college, highschoolers must become skilled with:

1. Managing time

Managing multiple deliverables and planning projects

2. Study skills

Taking notes and annotating texts

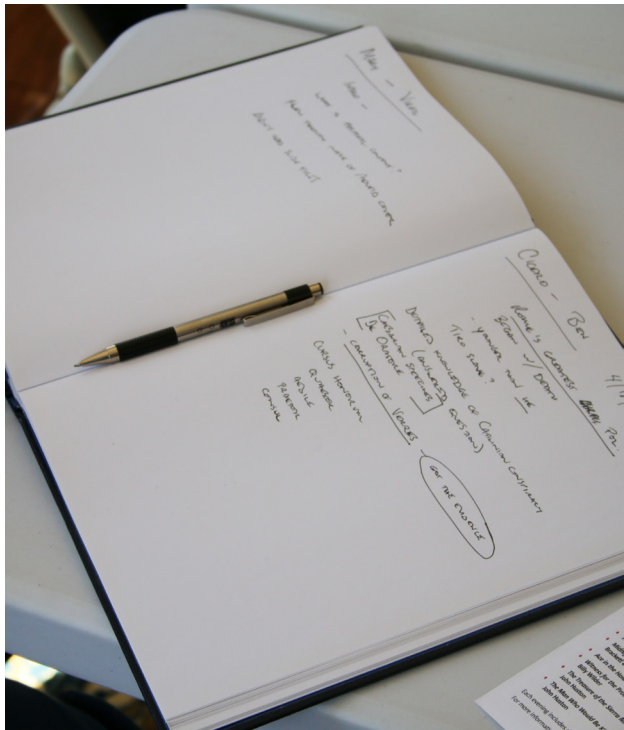
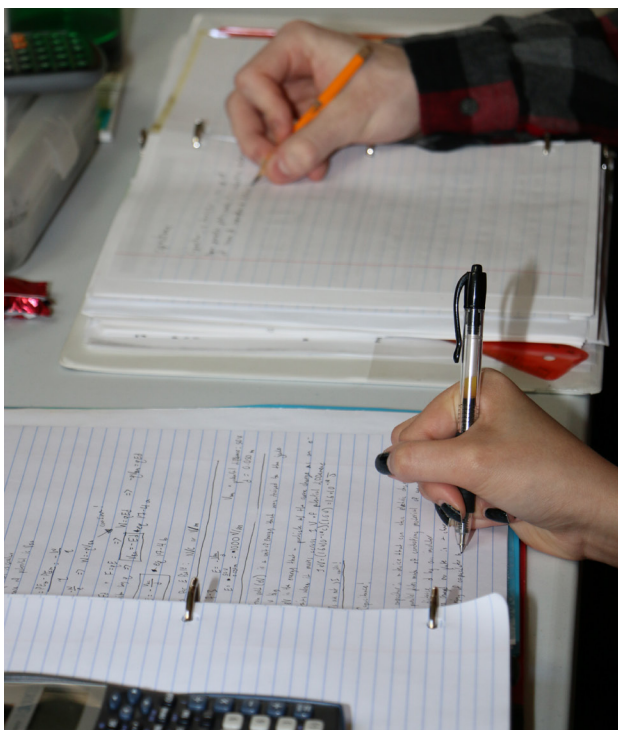
3. Advocating for oneself

Communicating in ways that win trust and support, and communicating with authority figures

EXECUTIVE SKILLS

1. Managing time

- Managing a complex schedule
- Managing multiple deliverables
- Planning projects
 - * Define a series of steps
 - * Estimate the time needed for each step
 - * Define milestones working *backwards from the deadline*



	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
8:00								8:00
9:00								9:00
10:00								10:00
11:00								11:00
12 noon								12 noon
1:00								1:00
2:00								2:00
3:00								3:00
4:00								4:00
5:00								5:00
6:00								6:00
7:00								7:00
8:00								8:00

The Method

Weekly requirements for study time

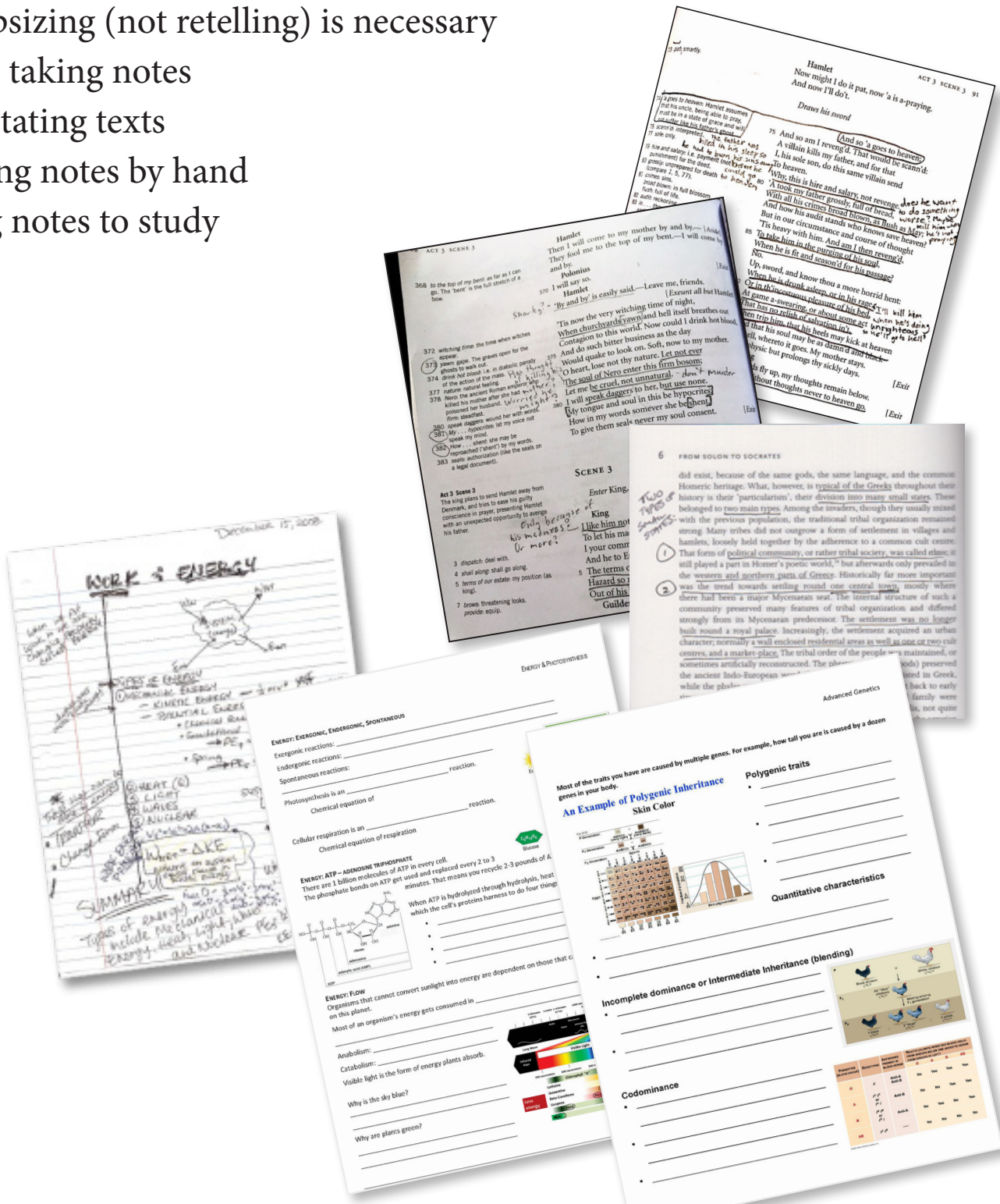
- Place all scheduled classes & activities.

Math:	_____ hrs/week	History:	_____ hrs/week
English:	_____ hrs/week	Music:	_____ hrs/week
Science:	_____ hrs/week	Foreign lang:	_____ hrs/week
Foreign lang:	_____ hrs/week	TOTAL	_____ hrs/week
- Estimate weekly requirements for study time (assignments & homework; see right).
- Schedule study time.

STUDY SKILLS

2. Taking notes

- A multitasking challenge
- Dictation builds foundational skills
- Synopsising (not retelling) is necessary when taking notes
- Annotating texts
- Writing notes by hand
- Using notes to study





COMMUNICATION SKILLS

3. Advocating for oneself

- Students must be ready to experience and learn in the real world.
- Moving towards authority is not the natural behavior.
- Successful students know how to communicate in a way that *wins support* from others.

Part-time work

Classes outside the home

The screenshot shows the website 'HS COLLEGE-BOUND Resources for parents of homeschoolers & high schoolers'. The page features a navigation menu with 'Home', 'Resources', 'Courses', 'Newsletter', 'About Us', 'THE BLEND', and 'Contact Us'. Under the 'RESOURCES' section, there is a 'Coursework' link. Below this, there are several bullet points and paragraphs providing information about high school requirements by state and various resources like the National Center on Educational Outcomes and College & Career Readiness & Success Center (CCRS). On the right side, there is a section for 'HONORS LITERATURE 2018-19' featuring 'Novels by Women' with two semesters of online classes, instructed by Roy Speed. Below that, there is a section for 'COLLEGE-BOUND INTENSIVES' featuring 'Shakespeare's Hamlet' with ten online classes, also instructed by Roy Speed. The website includes social media sharing icons on the left and a search bar at the top.

Extracurricular activities

- Community service
- Sports
- Model UN or debate
- Scouting, Jr. ROTC, Civil Air Patrol, Sea Scouts
- Robotics or Maker Fairs,
- Activities for adults, e.g. community television, community theater

HS COLLEGE-BOUND
Resources for parents of homeschoolers & highschoolers

Home Resources Courses Newsletter About Us THE BLEND Contact Us

NEWSLETTER — JULY 15, 2014

Extracurricular Activities, Part 1

Hidden treasures can become jewels in your student's resumé

by Diane Speed

As you're planning your student's curriculum and activities for the coming year, it's important to find valuable extracurricular activities for your student. Finding the right activities can lead to your student learning important work skills while also developing life skills and character — learning how to follow directions, work with others, be accountable, and much more.

Bear in mind, too, that the activities your child participates in as a highschooler —

- can be life-altering, leading to the discovery of new and unexpected interests, even passions;
- can be a real differentiator on college applications.

As Jerome A. Lucido, vice provost at the University of Southern California **recently stated**, "Students are always advised to take the strongest curriculum that they can reasonably handle while pursuing opportunities for academic and extracurricular opportunities for which they have a passion."

Activities provide a window into the values, interests, and pursuits of your student. For instance, if your student is a member of a community organization, a volunteer at a local business, or a member of a sports team, these activities can be used to demonstrate to college admissions officers that your student is committed to learning with a local business or organization. For example, if your student is a member of a community organization, a volunteer at a local business, or a member of a sports team, these activities can be used to demonstrate to college admissions officers that your student is committed to learning with a local business or organization.

Financial aid at St. ...
... between ...
...
... involvement in a ...
... thing — just like ...
... are fans of ...
... their list of activities ...
...
... themselves. Given the ...
... there are many ...

NEWSLETTERS

- May 16, 2017: [Advocating for Oneself \(Part 1 of 2\)](#)
- July 20, 2016: [The development of adolescent minds](#)
- December 24, 2015: [The appeal of videogames—and the hazards they bring](#)
- August 16, 2015: [Three skills your student needs to develop before college \(Part 1 of 3\)](#)
- July 3, 2015: [How literature is now taught in college—and why enrollment in literature courses is in steep decline](#)
- June 1, 2015: [Teaching Shakespeare to your kids: What I've learned](#)
- Dec 28, 2014: [Extracurricular activities, Part 2](#)
- July 27, 2014: [Levels of annotation — Annotating the text, Part 2](#)
- July 15, 2014: [Extracurricular activities, Part 1](#)
- July 2, 2014: [Teens need to be together... An innovative solution](#)
- June 9, 2014: [The college admissions racket — Getting things into perspective](#)
- June 2, 2014: [Building good study habits — Annotating the text, Part 1](#)
- April 8, 2014: [Building good study habits — Close reading](#)
- March 18, 2014: [Shakespeare's role in your student's college preparation](#)
- Feb 25, 2014: [Standardized tests, Part 2](#)
- Feb 18, 2014: [Standardized tests, Part 1](#)
- Feb 1, 2014: [Advanced mathematics](#)

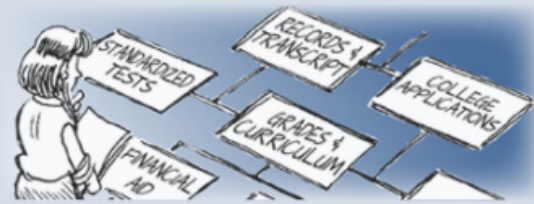


RESOURCES AT OUR WEBSITE

Our videos & articles page

HS COLLEGE-BOUND

Resources for parents of homeschoolers & highschoolers



- Our Courses
- Resources
- Videos/Articles
- About Us
- Contact Us

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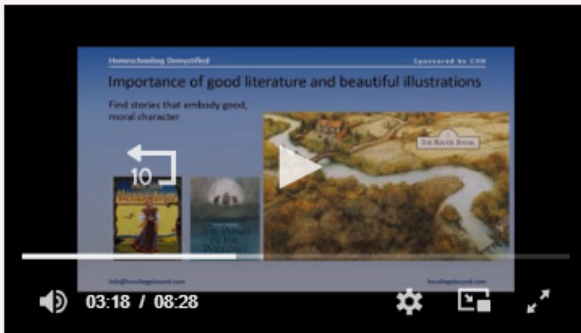


VIDEOS

Early reading for your child

Excerpt from a talk: "Homeschooling Demystified"

Here Diane Speed discusses how to get your child to fall in love with books — physical books — and a practical reading regime to support that goal.



Beyond the Five-Paragraph Essay: Part 3

Five things about writing our students are never taught

Here Roy Speed shows something all students need to understand about **sentence structure**.



EXCERPT FROM WORKSHOP FOR PARENTS

ARTICLES

Advocating for oneself, Part 1:

How adolescents learn to stand up for themselves

by Diane Speed

Advocating for oneself, Part 2:

College admissions essays & interviews

by Diane Speed

The development of adolescent minds

Reconsidering the high school curriculum: What it's really about

by Roy & Diane Speed

Beyond the tour

Getting the most from your college visits

by Diane Speed

Advanced mathematics

How much math does my highschooler need?

by Diane Speed

Annotating the text, Part 1

Does your student annotate? Does it matter?

by Roy Speed

Annotating the text, Part 2

Levels of annotation: Students who annotate books make them their own

by Roy Speed

Online courses

Live & interactive

<https://hscollegebound.com/Online-Courses.htm>

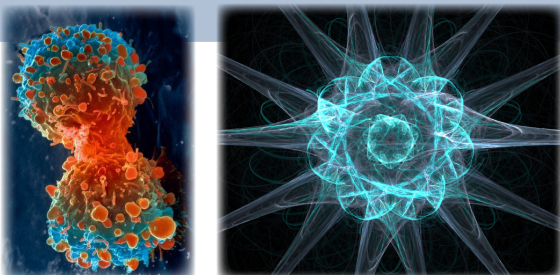
SCIENCE INTENSIVES — 8 weeks, 16 sessions

- **Ecology w/lab** — begins Sept. 26, 2022
- **Genetics w/lab** — begins Jan. 16, 2023
- **Botany w/lab** — begins March 27, 2023



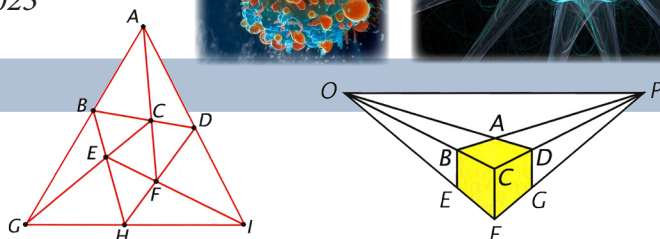
SCIENCE — Year-long, honors-level instruction

- **Honors Biology with lab** — begins Aug. 29, 2022
- **Honors Chemistry with lab** — begins Aug. 29, 2022
Includes instruction in writing lab reports
- **Honors Physics with lab** — *returning fall 2023*



MATH — Year-long courses

- **Geometry** — begins Aug. 30, 2022
Honors track available



WRITING — Year-long, honors-level instruction

- **Writer's Guide to Grammar** — begins Aug. 31, 2022
- **Logical Communication** — two sections, beginning Aug. 29 & 30, 2022
- **Essay Writing & Appreciation** — begins Aug. 31, 2022



LITERATURE — Year-long, honors-level instruction

- **Novels by Women** — begins Aug. 30, 2022
- **History & Literature of the Middle Ages** — *returning 2023*



SHAKESPEARE INTENSIVES — 7–10 weeks' duration

- **Twelfth Night** — begins June 3, 2022 (4 weeks, 8 sessions)
- **Romeo & Juliet** — begins Aug. 31, 2022 (10 sessions)
- **Hamlet** — begins Nov. 30, 2022 (10 sessions)
- **Macbeth** — begins Mar. 8, 2023 (7 sessions)

